



Los Angeles
Ronald
McDonald
House

Meals of Love – Application

Name of group: _____

Contact person: _____

Address: _____

Phone: Cell: _____ Home: _____

Work: _____ E-mail: _____

Date requested:

First Choice _____ Time: _____

Second Choice _____ Time _____

What type of food are you preparing? _____

Additional activities planned? _____

Number of people in your group: _____ (must be between 5-15 only)

I have read and understand the guidelines involved in hosting a Meals of Love at the Los Angeles Ronald McDonald House.

Print name: _____

Signature: _____ Date: _____

Return completed form no later than 30 days prior to your date to:

Meals of Love – Volunteer Program
Los Angeles Ronald McDonald House
4560 Fountain Ave
Los Angeles, CA 90029
Fax: 323-669-0552 Phone: 323-644-3088
E-mail: volunteer@larmh.org



GUIDELINES FOR HOSTING “MEALS OF LOVE”

1. Please fill out the application form to request a date and time for your meal. After submitting your application, a member of our staff will confirm your date and time.
2. The House has two fully stocked kitchens. Each kitchen is equipped with four stove top / convection ovens, three outdoor gas grills, and four microwave ovens.
3. While we encourage groups to make themselves at home, some families may still need access to the kitchen while your group is here. Therefore your group must not be more than 15 people. Any volunteer who is ill must not attend since many of our children are immune suppressed.
4. In addition to the meal, some groups also plan an activity such as bingo, arts & crafts, etc.
5. Lunch or dinner should be prepared for approximately 90 people in addition to any members of your group wishing to join in at meal time. Most of our families enjoy eating their meal with the volunteers preparing the meal. Our families come from all over the world and it's a wonderful opportunity for cultural exchanges.
6. Please provide drinks such as iced tea, juice, bottled water, or soft drinks and we suggest you use liter bottles as opposed to cans. Paper cups are provided and an ice machine is available.
7. It's necessary that you provide paper or plastic plates and plastic eating utensils. The House will provide napkins.
8. The kitchens are stocked with the basic cooking utensils, but if there are any specialty items that you need for preparing your food, we recommend that you bring them along.
9. We recommend that you have a couple of people serve the meal to our families versus letting them help themselves. Serving is much more orderly and our families feel more taken care of.
10. Lunch is served around noon and dinner is served around 7:00 p.m. Most groups arrive about an hour earlier to set up and prepare the food. We ask that you make the meal available for at least one hour after you begin serving. This gives most of our families time to return from the hospital for the meal. Please package and store any leftovers in our refrigerator.
11. Some families may not make it back to the House in time and will be very appreciative to find leftovers available when they arrive. The number of families varies on a daily basis, so do not be disappointed if much of your food needs to be refrigerated for families arriving later.
12. We suggest that your meals are carried here in disposable containers that can be left at the House.
13. Cleaning products are available to assist you in returning the kitchen to being in a clean condition.
14. **Under no circumstances are photos or videos of our families permitted** unless you have pre-arranged it with a member of our administrative staff. Our families' privacy is important to us.

For more information on hosting a Meals of Love
Please email us at volunteer@larmh.org
or call the Volunteer Hotline at 323-644-3088